



The Arlington Community Services Board

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Jenette O'Keefe
ACCSB Chair

October 23, 2019
2100 Washington Blvd.
Lower Level Auditorium
Arlington, Virginia
7:00 pm - Full Board Meeting

Deborah Warren
DHS Deputy Director/
CSB Executive

Present: Anne Hermann, David FitzGerald, Jenette O'Keefe, Lynne Kozma, Dori Mitchell, Wendy Carria, Jim Mack, Bob Carolla, Carol Skelly, Cherie Takemoto, Paul Kalchbrenner, Gretchen Foster, Frank Haltiwanger

Excused: Steven Gallagher, Sherry Coles, Asha Patton-Smith, Steve Taphorn, Joanne Del Toro

Staff: Kelly Mauller, Deborah Warren

Welcome and Opening Statements

Chair O'Keefe welcomed the members. She also welcomed the recipients of tonight's recognition awards for their exceptional response to the incident at the Community Integration Center (CIC) and also congratulated the Partnership for Children, Youth and Families on their 20th anniversary.

Public Comment(s)

Public comment is limited to 5 minutes. At the discretion of the CSB Chair, additional time may be given. There will be a brief opportunity for the board members to ask questions but no discussion of the matter will be held at the time.

There was no public comment.

CSB Staff Recognition Awards

- Department of Human Services (DHS) and Department of Environmental Safety (DES) staff were nominated to receive the October 23rd CSB staff recognition award for staff support and restoration of the property at the Community Integration Center (CIC).

DHS Staff - Anita Friedman, Lauri Brown, Elizabeth Davis, Lauren Townsend, Jennifer McKinney Acheson, Elizabeth Cannon

DES Staff - Greg Emmanuel, James Menditto, Javier Valenzuela, Larry Washington, Greg Anthony

John Murphy, Facilities Management Bureau Chief, Department of Environmental Services, and supervisor of James and Javier spoke on behalf of his staff. He stated that when he received the call for assistance he knew that action needed to be taken. He added that the mission of Facilities Management is to provide safe, secure and comfortable environments for everyone in the community. Mr. Murphy commended Mr. Valenzuela and Mr. Menditto and thanked the CSB for recognizing his staff.

Ms. Skelly shared that Brenda Richardson, the program Director, commented about the importance of not letting hate win and that she appreciated the support.

Ms. Warren stated that DHS is developing safety procedures and has ordered surveillance cameras for the CIC.

Chair O'Keefe thanked the DHS and DES staff.

- The Arlington Partnership for Children, Youth and Families (ACPYF or Partnership) were also nominated to receive a CSB recognition award. The Partnership is celebrating its 20-year anniversary. Vice Chair Bart Devon, and past Chair Anne O'Brien attended as representatives of the Partnership. Chair, Sheila Fleischhacker, was unable to attend. Rick Strobach, Juvenile & Domestic Relations Court, was also in attendance.

Chair O'Keefe acknowledged the Partnership for their 20 years of contributing to children, youth and families in the community. Chair O'Keefe thanked the Partnership's representatives for participating in the organization.

Kim Durand, CSB staff liaison to the Partnership, was also recognized. Ms. Durand thanked the CSB for recognizing her and the Partnership.

Ms. Carria acknowledged Ms. Durand and the Partnership for their commitment to community outreach.

Presentation: Arlington Partnership for Children, Youth and Families (ACPYF or Partnership)

Ms. Durand, Child and Family Services Division, presented about the Partnership. Ms. Durand stated that this is the Partnership's 20th year anniversary.

Ms. Durand presented background information about the Partnership. She stated that the Partnership is composed of 16 community members appointed by the County Board and the School Board and includes designated staff from Libraries, Public Health, Police, Juvenile Justice, Parks & Rec, and Child and Family Services, and designated staff from schools including Student Services, Administrative Services, and Family and Community Engagement.

Ms. Durand stated that the Partnership's mission is research, engage and advocate.

Research

- Conduct Youth Risk Behavior Survey to middle and high school students which provides data about health and behavioral habits within a 30-day time frame. The survey was developed by the Center for Disease Control (CDC).
- Conduct Your Voice Matters Survey to middle and high school students which provides data about social and emotional behaviors.
- Conduct community surveys which provide broader data in the community, such as healthy birth weights, food insecurities, stable housing, etc.

Ms. Durand stated that the data collected is disaggregated to determine which areas in the community need more assistance than other areas of the community. She added that, when the data is disaggregated, it is easier to determine what strategy will work best for each area and assists with resources being allocated appropriately.

Engage

- The survey data is brought before civic associations, the CSB, PTA meetings, staff meetings, etc. to obtain feedback on the data collected from the students.

Advocate

- The feedback obtained from the community assists in determining the Partnership's advocacy to the County Board for additional supports for young people in the community.

Ms. Durand provided a few points of statistical data about mental health and substance in the schools.

- Youth of color reported higher incidences of depressive symptoms (37% reported:23% received help) but white youth reported receiving the help they need more frequently (23% reported:37% received help).
- Substance use in Arlington is similar to Virginia with the exception of binge drinking being slightly lower in Arlington and drugs offered or sold on school property being slightly higher.
- An emerging topic is E-Vaping. Statistical data on usage is not yet available.

Questions and Responses:

Question: Mr. Carolla asked how the surveys of the respondents are collected.

Response: Ms. Durand responded that grades 6 through 12 receive the survey through various school programs and that parents are able to opt out.

Question: Mr. Carolla asked what percent of parents opt out.

Response: Ms. Durand responded that approximately 8% have opted out in the past.

Question: Ms. Mitchell asked how often the survey is offered.

Response: Ms. Durand responded that the survey is offered every other year which is in alignment with State and National data.

Question: Ms. Takemoto asked if the Partnership co-advocates for other entities priorities.

Response: Ms. Durand responded that the Partnership co-advocates and is working to increase intentional advocacy as opposed to accidental advocacy. She added that the Partnership meets monthly with other commissions to collaborate on advocacy for the same types of concerns.

Question: Mr. Haltiwanger, a former Arlington School Principal, commented that the principal was able to review their schools survey results. He asked if the communities see the results school by school.

Response: Ms. Durand responded that results can be reviewed by anyone by going to apcyf@arlingtonva.us.

Question: Mr. Haltiwanger asked about the mechanisms in place for community associations, school staff, etc.

Response: Ms. Durand responded that she tailors her presentation to the audience she is meeting with.

Question: Ms. Warren asked if there is a particular area where utilization of this data is seen in a way that has created the action necessary to address that data.

Response: Ms. Durand responded that trending data is available.

Question: Chair O'Keefe asked if there is a role for the CSB to assist the Partnership achieve its goals.

Response: Ms. Durand responded that she is not aware of a role for the CSB, at this time, but is willing to explore options for strategizing.

Question: Ms. Takemoto commented about the decrease in the number of Asian and African American students receiving mental health services and asked if the Asian population is so small that they do not have access to services.

Response: Ms. Durand responded that she would need to research the information.

Chair O'Keefe thanked the Partnership representatives for attending and Ms. Durand for presenting. She asked the members to contact her with any information about how the CSB can collaborate with the Partnership.

Approval of the September 18, 2019 ACCSB Meeting Minutes

Chair O'Keefe called for a motion to approve the September 18, 2019 ACCSB Full Board meeting minutes. Ms. Takemoto motioned to approve the minutes, Mr. Mack seconded the motion, and the minutes were approved as amended.

Chairman's Report

Chair O'Keefe stated that a working group met to review and update the CSB Charter and asked the committee if they had any additional suggestions for changes. The Committee did not have any additional changes. Chair O'Keefe called for a motion to approve the Charter. Ms. Skelly motioned to approve the Charter, Mr. FitzGerald seconded the motion, and the Charter was approved with no changes. Chair O'Keefe stated that the CSB Policies and Procedures will be the next documents to review.

CSB Budget Priorities

The committee chairs presented the proposed FY21 local budget priorities on behalf of their committees.

Mental Health (MH) Committee

➤ Permanent 1.0 FTE Young Adult Therapist

- Continuation of the currently temporary position as a permanent MH Specialist II position to maintain proper caseload size and service intensity
- Young adult caseload has increased 53% in the last 5 years (from 60 to 102)
- Will allow for maintaining a caseload average of about 26:1
- Impact of not obtaining the position as permanent will return caseloads to a high and insufficient level 34:1

➤ 1.0 FTE Forensic Jail Diversion

- Will increase diversion efforts for Seriously Mentally Ill (SMI)/DD individuals at the Arlington County Detention Facility (ACDF) by fully establishing a Bond Diversion Program and Court Based services
- An application for an Arlington County Mental Health Docket is currently being completed. It is anticipated that the Mental Health Docket will commence in early September 2020. This places an added demand both logistically and clinically to the forensic team

➤ 1.0 FTE Senior Adult Mental Health Therapist

- Population is older adults, 60 years of age and over, with serious mental illness and/or dementia with disruptive behaviors. Caseload increase due to 69.2% increase in the over 65 population in Northern Virginia since 2010
- Active clients age 60 and above who are receiving treatment in the Behavioral Healthcare Division will increase to 211 this year

Substance Use Disorder (SUD) Committee

- ##### **➤ No monetary requests, at this time.**

DHS received federal State Opioid Response (SOR) grant funding and increased funding from StepVA to support a position that will support the SUD services.

Developmental Disability (DD) Committee

- 3.0 FTEs: 2 Additional Support Coordinators and 1 Program Manager
 - Since receiving 2FTEs in FY17, caseloads for Support Coordinators has continued to rise – data for average caseloads was obtained from the FY20 proposed County Manager’s budget
 - FY20 data shows that caseloads are at the same or close to the same level as before adding the 2 FTEs

- Support of additional funding in the County’s base-line (FY21) budget for expansion of DDs Day Support programming in the County for FY20 Graduates (and beyond)
 - Currently 17 students in Arlington Public Schools (transitioning to adult services); 6 of the 17, due to high medical and/or behavioral support needs, will need day support placement as opposed to employments as the post-IDEA option
 - Anticipation of additional 2-3 students transitioning from contract day schools
 - Currently 0 capacity for Arlington’s Habilitation programs; MVLE cleaning crew group supported employment also at capacity

Children and Youth (CY) Committee

- 1.0 FTE Family Support Partner (Peer Specialist Position)
 - Children’s Behavioral Health has been trained and plans to implement Intensive Care Coordination, following the Hugh Fidelity Wraparound Model to fully maximize clients experience and effectiveness of the model, a FSP is necessary to support the parent and family work.
 - Position can be utilized as a peer (part of step-VA) to support other families receiving behavioral health services

VACSB budget priorities

Ms. Warren presented the VACSB draft budget priorities for the 2020-2022 biennium budget.

- Restore to the base budget state general fund dollars taken from CSBs as a result of Medicaid expansion
- Provide the remaining funds needed for the Outpatient Services step of StepVA
- Increase the reimbursement rate for Medicaid Early Intervention Case Management to its data determined adequacy
- Funding to eliminate the “priority one” waiting list for DD waiver slots
- Funding to create a student loan repayment program specifically for behavioral health providers

Mr. FitzGerald asked if DHS liaisons with universities who provide social worker education. Ms. Warren responded that DHS has Memorandums of Agreement with several universities including George Mason University and Howard University. She added that DHS is negotiating with George Washington University for a residency program in the field of psychiatry. She noted that there is a gap in coordinated training programs across the CSB. Ms. Warren stated that she would like to expand and coordinate interns by holding training cohorts, similar to a police academy model, to develop a career ladder for individuals.

Mr. Haltiwanger asked Ms. Warren if she is aware of any models for this type of career development. Ms. Warren responded that she will have to conduct research on behavioral health career development models.

Update on County Budget

Ms. Warren stated that the base budget for FY21 is due October 25th to the Department of Management and Finance (DMF). She noted that DHS will brief the County Manager and DMF in December. The County Manager will release the County budget in February.

November Legislative Delegation Forum

Chair O'Keefe reminded the members that the CSB Annual Legislative Delegation Forum with Arlington's legislators will be held on November 6, 2019 at 2100 Washington Boulevard in the lower level auditorium during the first hour of the CSB Executive Committee meeting.

Mr. Carolla asked about the format of the forum. Ms. Warren responded that it is an informal meeting. Chair O'Keefe asked the presenters to submit their speaking point to Ms. Mauller by November 1st.

Executive Director's Report

- ✓ Ms. Warren provided a brief update about the CSB related RFPs. In response to Ms. Skelly's previous question about whether there are any remaining RFPs with a month-to-month contract, Ms. Warren stated that there are a number of rider contracts with Fairfax County that are month-to-month.
- ✓ Ms. Warren provided an update on the Juvenile Justice Detention Center Study. The Moss Group is conducting the study. Ms. Warren reported that a historical review of the Detention Center has been completed as well as an analysis of national, state and local best practices related to juvenile justice and incarceration. She noted that the study will be completed in January 2020. The study will result in recommendations with regard to how best to provide services for youth and if consolidation with another jurisdiction should be considered.
- ✓ Ms. Warren provided an update about the status of the Behavioral Health Docket. She reported that a work session was held on October 18th and another work session is scheduled for October 24th. A public forum will be scheduled once the addition revisions have been incorporated into the Docket application.

Ms. Kozma asked if the confusion over the population served has been worked out for individuals with a developmental disability, not being dual diagnostic, but who are not developmentally disabled. Ms. Foster responded that the language has been revised. Ms. Warren read in part the eligibility criteria from the draft Docket application, "the individual cannot have a sole diagnosis of substance abuse, the individual must be 18 years of age or older, the individual must be diagnosed with a serious mental illness and/or dually diagnosed; for example, may have a co-occurring substance use disorder or developmental disability. The individual must be able to agree to, and able to, participate in the treatment."

Mr. Carolla asked who makes the determination that an individual fulfills the eligibility criteria. Ms. Warren responded that there is a behavioral health docket committee that will be a part of the process. She added that a part of that process is the utilization of a risk, needs, receptivity tool. Ms. Warren stated that the tool addresses criminogenic level and the ability to respond to the treatment.

The members discussed discharge and intensive outpatient services.

- ✓ Ms. Warren distributed a handout which includes the CSBs questions and answers from the presentation about the CSB State Performance Contract.
- ✓ Ms. Warren reported that a meeting was held with the Virginia Hospital Center's (VHC) architect. The meeting was composed of CSB members, a member of NAMI, members of the Mental Health Committee and hospital representatives to discuss changes that have occurred to the environment of the current

behavioral health unit, best practices, renovations, and the timeline for completion. It was agreed that the Certificate of Public Need (COPN) application will be submitted by August of 2021.

- ✓ Due to time constraints, a report about the VACSB Public Policy Conference was not provided.
- ✓ Due to time constraints, a report about STEP-VA was not provided.
- ✓ Due to time constraints, a report about the Draft Behavioral Health Assessment & Behavioral Health Equity Index was not provided.
- ✓ Due to time constraints, an update about the implementation of Welligent, the new DHS Electronic Health Record system was not provided.

Additional Updates/Information

- The committee Chairs provided two-minute updates about their current work.

Substance Use Disorder (SUD) Committee - provided by Mr. Kalchbrenner

- Site visit to ACT unit in jail on October 15th
- A new person who is receiving services attended the meeting
- Discussed the committee's budget priorities
- Discussed expanding outreach, including having a safe station program somewhere other than outside of the Magistrate's office

Child and Youth (CY) Committee - provided by Ms. Carria

- A joint meeting will be held with the MH committee meeting on November 13th

Mental Health (MH) Committee - provided by Ms. Mitchell and Mr. FitzGerald

- Group Home Committee held a We Care Dinner for the Kensington Apartments Group Home - the committee will continue to hold the dinners but not for all four group homes in one year's time
- Toured the Clarendon House Program on October 23rd
- Developing webpage for individuals searching for mental health resources - working with Ms. Warren to determine the best procedure for uploading the page to the County website - will include local and national resources
- A joint meeting will be held with the CY and Young Adult committees on November 13th
- The committee continues to monitor the emergency services co-responder model of the behavioral health docket
- Discussed VHC concerns around discharge planning and decriminalizing clients/patients [monitored by the Mental Health Criminal Justice Review Committee (MHCJRC)]
- Mr. FitzGerald is collaborating with Delegate Patrick Hope about legislation for Mandatory Outpatient Treatment (MOT)
 - Ms. Warren asked Mr. FitzGerald if there is any new language available for MOT. Mr. FitzGerald responded that there is no new language available. He stated that there is a work group that is part of the Creigh Deeds Commission studying MOT and there is political strategy that Delegate Hope has to decide on whether he is going to promulgate legislation in the next session.

Developmental Disabilities (DD) committee - provided by Ms. Skelly

- A Housing Forum will be held on Saturday October 26th at 2100 Washington Boulevard in the lower level auditorium from 8:45 a.m. - 12:30 p.m. about Housing Options for Individuals with Developmental Disabilities.

- Chair O’Keefe asked the members for any additional information or questions. The committee did not provide any additional information or have any questions.
- Ms. Hermann announced that the Commission on Aging is holding a legislative forum about aging issues on November 7th, beginning at 9:30 a.m. at the Fairlington Community Center.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair O’Keefe at 9:00 p.m.

Respectfully submitted by Kelly Mauller

Upcoming Committee Meetings

Mental Health -Wednesday October 23rd, 2120 Building, Room 322 – 6:00 – 8:00

Substance Use -Monday October 28th, 1425 Courthouse Road, ACT Unit Site Tour – 5:00

Child and Youth -Wednesday October 23rd, 2100 Building, Lower level B, 6:00 – 7:00

Developmental Disabilities -Thursday November 7th, 2100 Building, lower level – 6:30 – 8:30

Upcoming Events

October 15, 2019 – Suicide Prevention Month Event – “The Ripple Effect”, Shirlington Library, 4200 Campbell Ave, Arlington

October 26, 2019 – Housing Forum - Housing Options for Individuals with Developmental Disabilities – 2100 Washington Boulevard, lower level auditorium – 8:45 a.m. – 12:30 p.m. (this is a Saturday)

October 29, 2019 – CSB New and Current Member Orientation, 2120 Building, Room 112, 6:00 – 8:00

October 31, 2019 – SPAN conference: Promoting Wellness and Preventing Suicide in Northern Virginia at Inova Fairfax Hospital – this event is sold out

November 6, 2019 – CSB Legislative Delegation Forum – 2100 Washington Boulevard, lower level auditorium, 6:00 p.m. to 7:00 p.m.

VACSB Conferences & Trainings

2019/2020 Events

- Legislative Conference – January 21-22, 2020 The Richmond Marriott
- Development & Training Conference May 6-8, 2020 The Williamsburg Lodge
- Public Policy Conference October 7-9, 2020 Hotel Roanoke and Conference Center